Intro to Country Western Dance (LPAP 144)
Lifetime Physical Activity Program
Spring 2013 Course Contract

Instructor: **Scott Ladell**
Class Time: Thursday 6:30-8:40 PM
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Brief Synopsis of Course Content

Course content includes demonstration of and brief lectures on the two most popular country-western social dances: two-step and polka. Students will participate in drills created to improve footwork, arm positioning, and leading and following skills. A large majority of class time will be spent practicing presented material. The ultimate goal of this course is to motivate students to include social dance or other forms of physical activity into their lifestyles.

Topics

1. Social Dance Terminology
2. Proper Body Alignment
3. Leading and Following
4. Social Dance Etiquette

Class Attire

Clothing that is comfortable and appropriate for social dancing class. Indoor soft-soled dance shoes or socks only.

Attendance Policy

Students are expected to attend all class sessions and to actively participate while in attendance. During the course of the semester, students are allowed one absence. Should a student miss an additional class, she/he will need to arrange to make up the missed class at a time and place that is agreed upon by both the student and the instructor. It is the responsibility of the student to initiate conversation with the instructor to discuss the make-up, and an agreement must be reached between the within two weeks of the absence. If a student fails to make up a missed second class, his/her final grade will drop by one grade letter.

Please note, students will not be allowed to make up more than one class. Three total absences, including those that were made up and no matter their circumstance, will result in a failing grade for the course.

Sign-in Sheet

Class attendance is taken by a sign-in sheet that must be signed by the student at the beginning of each class. **This is your official record of class attendance and it is the responsibility of the student to sign his/her own name each week as proof that you attended that class session.** You may only sign your own name and may not sign in for another student. Due to the nature of this class it is very important for students to show up to class on time. **If a student is tardy for class on four occasions then that will be considered an absence and will count toward their 2 maximum allowed absences.**

Evaluation Procedures

"How to" Journal - 100 points
Final Project - 100 points
Class Participation - 100 points

"How To" Journal

Unless you practice a lot, you will have a hard time remembering what you learn in class. In order to help you remember class material, you will have time at the end of each class to put into words how to execute the figure(s) taught in class. You will be required to turn it in at the end of the each class period and it will be returned to you at the start of the next class period. Your journal will be graded based upon its content.

Grading Scale

Average	Points		Grade
94 – 100*	282-300	=	A
90 – 93	270-281	=	A-
87 – 89	261-269	=	B+
83 – 86	249-260	=	B
80 – 82	240-248	=	B-
77 – 79	231-239	=	C+
73 – 76	219-230	=	C
70 – 72	210-218	=	C-
67 – 69	201-209	=	D+
63 – 66	189-200	=	D
60 – 62	180-188	=	D-
Below 60	below 180	=	F

*Students with a 97 – 100 average and no absences will earn an A+

All LPAPs count as 1 credit hour. All undergraduates have to take at least 1 LPAP in order to graduate. Each student will receive a grade on their transcript which does count toward their GPA.

ID's and Class – Student should swipe their card when they come into the building. If they forget their card **ONCE** they can still go to class, but they will be charged $5 on the second offense and every time thereafter.
Lockers can be rented on a semester basis at the operations desk, or there are day use lockers available for students to store their things.

Honor Code Violations

All students are expected to uphold their pledge to the Rice Honor Code. Any student suspected of cheating on an exam or written assignment will be reported to the Chair of the Honor Council, and an investigation will ensue. Any questions that you may have about what constitutes an honor code violation in this class can be directed to the instructor.

ADA Statement

This instructor, in conjunction with Rice University, is committed to upholding and maintaining all aspects of the federal Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. If you are a student with a disability and wish to request accommodation, please contact the Disability Support Services Office in the Ley Student Center. Any information regarding your disability will remain confidential. Because many accommodations require early planning, requests for accommodations should be made as early as possible. Any requests for accommodations will be reviewed in a timely manner to determine their appropriateness to this setting.